

### Meeting Students' Advising Needs

Advising can be thought of in terms of *intake advising* and *academic mentoring*. The purpose of intake advising is to help students make initial decisions about academic programs and career goals. Academic mentoring is an example of developmental advising and involves the provision of guidance, support, and encouragement that fosters student success. Both types of advising are necessary, but academic mentoring is more relational and longer lasting. The differences between intake advising and academic mentoring are described below:

#### **Intake Advising (Initial decision-making)**

- Transition advising (high school to college, re-entry, transfer advising)
- Promoting self-awareness
- Providing academic and career information
- Monitoring student adjustment and progress
- Assisting with core/general education course selection
- Developing an academic plan
- Referring as appropriate

#### **Academic Mentoring (After selection of major/academic program)**

- Selecting and scheduling courses
- Assisting with academic and career planning
- Monitoring academic performance and progress toward degree and/or goal attainment
- Encouraging good academic performance
- Linking program of study with post-graduation opportunities
- Encouraging consideration of transfer programs where appropriate
- Providing referrals as needed